SUTTON TIME BANK JOIN THE TIME BANK



Timebanking is a great way to learn new skills, share ideas or help others in your community and be rewarded for it. If you would like to join in with any of your new projects, or if you would like to become a member of the Time Bank or to find out more, please get in touch.

COFFEE CONNECTIONS

Join us every 1st and 3rd Tuesday of the month for our coffee mornings. At The Glebe, from 10 - 12. The last 2 dates of the year are 7th and 21st December.

A great opportunity to catch up with friends, meet new people and share a cuppa and cake. You are welcome to stay for the whole event or pop in for a quick cuppa. This is open to all.

On 21st December from 9.30-10am is 'Carers Chat' with the local surgery's social prescriber, Cat. Carers are welcome to come along and meet others, advice on accessing support and having a break.



CHRISTMAS CHEER PROJECT

After our successful Christmas cheer project last year, the Time Bank will again be delivering Christmas bags to some older residents in the village to spread some Christmas cheer. Any donations of non-perishable Christmas food, a small gift or any spare gift bags would be much appreciated.



CambridgeShire Community undation







Christmas Café

Join us on Friday 10th December from 10.30am to 1,30pm at The Glebe, Sutton.

Cakes, sausage rolls, bacon and sausage sandwiches. We will also have a raffle, book stall and craft stall.

Hosted by Nellies Community Café and Sutton Time Bank.



NOVEMBER.2021



MERRY CHRISTMAS



If you are able to donate any raffle prizes, please get in touch. Local businesses: we'd love to hear from you too!

Local craftspeople/stall holders: come along and pitch up! Get in touch for more info ③

SPECIAL DELIVERY Ely District Scouts Christmas Post

Send any Christmas or New Years card for just 25p. Delivering to Ely, Stretham, Littleport, Witchford. Witcham, Haddenham, Little Downham, Wilburton, Sutton, Mepal, Pymoor, Coveney, Stuntney and Little Thetford by your local scouts.

Simply purchase your stamps and post at any of the following stores between 1st November and 13th December. We will then sort your cards and deliver from 15th December, ensuring all cards are delivered by Christmas

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Ely Fudge Company, Market Place The Eel Catcher's Daughter, High Street Interiors of Ely, Chequer Lane Studio 3, Chequer Lane

Littleport Littleport Bargain Centre, Main Street Littleport Leisure, Camel Road

Sutton Sewing Daze, High Street

Stretham Red Lion Pub, High Street

Little Downham Uppercutz Hair and Beauty Salon, Main Street

Witchford Johnson & Scott Veterinary Clinic, Main Street

Ely District Scouts thanks Jardins Corrugated Cases Ltd. who kindly supplied the post boxes.



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FUN ACTIVITIES TO TRY AT HOME Lollysticks christmas decorations

What you need

- Lolly sticks
- Gems/buttons
- String/ ribbon
- Colouring pens
- Glue
- Scissors



Instructions

- If you are using plain lolly sticks you can colour these in with pens.
- Glue the lolly sticks in place depending on pattern you are doing. Glue guns or strong glue will ned needed.
- Glue ribbon in place on top of design so decoration can be hung.
- Decorate your design with gems/buttons/ glitter.
- Leave to dry and hang onto your tree.

The Time Bank would love to see any Christmas decorations you make



RIDDLE OF THE MONTH

I speak without a mouth and hear without ears. I have no body, but I come alive with wind. What am I?

If you would like to find out more or become a member of the Time Bank please get in touch with the Time Bank coordinator, Lucy Amos-John. suttontimebank@sutton-cambs-pc.gov.uk or 07731017916