

SUTTON TIME BANK



THANK YOU

As restrictions are eased we would like to take this opportunity to thank all the time bank members who have supported the community during the last 14 months. A big thank you to the community for supporting the time bank and a thank you to everyone who has been volunteering with any groups or helping their neighbours.

Timebanking is a great way to learn new skills, share ideas or help others in your community and be rewarded for it.

If you would like to join in with any of your new projects, or if you would like to become a member of the Time Bank, please get in touch.

COFFEE CONNECTIONS

Sutton Time Bank are pleased to announce our new coffee mornings, 'Coffee Connections' starting in August.

On Monday the 2nd, 9th, 16th and 23rd August please come along to Coffee Connections at The Glebe Garden, between 10-12.

A great opportunity to catch up with friends, meet new people and share a cuppa and cake. You are welcome to stay for the whole event or pop in for a quick cuppa.

This is open to all, including children. Please feel free to bring along your own chairs or picnic blanket. Our jigsaw and puzzle book library will be open for all.

Any cake/ biscuits donations would be much appreciated.



COFFEE CONNECTIONS

OUTDOOR COFFEE MORNINGS WITH SUTTON TIME BANK



On Monday the 2nd, 9th, 16th and 23rd August please come along to Coffee Connections at The Glebe Garden, between 10-12.

A great opportunity to catch up with friends, meet new people and share a cuppa and cake.



For more details, contact
suttontimebank@sutton-cambs-pc.gov.uk
07731017916
www.sutton-cambs-pc.gov.uk/Sutton_Time_Bank_36482.aspx



We have received support from the
Cambridgeshire Community Foundation



Timebanking UK



www.timebanking.org

TIME BANK SOCIAL EVENTS

Buddy Walks

Do you enjoy walking and would you like someone new to walk with, or do you need a bit of assistance being confident walking again? We have a buddy to match any situation or walking preference.

Garden Cuppa

Would you like to meet someone new over a garden drink?

Time Bank volunteers are able to come to you to sit in the garden and enjoying a conversation over a cuppa.

Phone Friends

Would you like to connect with someone new in the village?

Phone friends gives you this opportunity. You will be matched with another resident in the village and can connect over the phone.

VILLAGE EVENTS



BEER FESTIVAL

St Andrew's Church, Sutton

Thursday 29th July to
Saturday 31st July

- Local ales & ciders
- Ely Gin bar
- Live music
- Homemade hot food

Thursday & Friday 6pm-11pm
Saturday 12noon-11pm
(family session until 5pm - free entry)

Live music Friday & Saturday from 8pm
Entry £3
Festival Glasses £2

www.suttonbeerfest.org.uk

**More exciting news.....
Head over to the website
www.suttonbeerfest.org.uk
to book your advance
tickets and tokens.**



Sutton Squiggles



SUTTON SQUIGGLES

COME AND JOIN US FOR OUR FIRST WEEK BACK. THURSDAY 29TH JULY AT THE GLEBE IN SUTTON.

WE ARE EXTENDING OUR OPENING TIMES FOR THE SUMMER HOLIDAYS AND WILL BE OPEN FROM 10AM UNTIL MIDDAY.

PRICE WILL BE £3 FOR THE FIRST CHILD AND £1 FOR EACH ADDITIONAL CHILD.

THE GROUP IS FOR CHILDREN AGED 5 YEARS AND UNDER, HOWEVER DURING THE HOLIDAYS, OLDER SIBLINGS AGED UP TO 8 YEARS OF AGE ARE WELCOME ALSO.

IMPORTANT INFORMATION

WHILST RESTRICTIONS HAVE BEEN LIFTED, WE WOULD STILL "ENCOURAGE" EVERYONE TO REMAIN CAUTIOUS AND PLEASE LIMIT TO 1 ADULT PER CHILD/FAMILY WHEREVER POSSIBLE. ALTHOUGH THERE IS NO RESTRICTION ON NUMBER OF PEOPLE, WE WILL CLOSELY MONITOR NUMBERS IN ATTENDANCE ON ANY ONE DAY AND IF WE FEEL IT IS POSING A RISK WE RESERVE THE RIGHT TO CLOSE THE DOORS (OR GARDEN GATE) TO MORE PEOPLE JOINING THE GROUP.

WE WILL ALSO ACTIVELY ENCOURAGE ALL ADULTS TO WEAR FACE COVERINGS WHILST INSIDE AND REGULARLY SANITISE THEIR HANDS USING THE SANITISER PROVIDED.

TEA AND COFFEE WILL BE AVAILABLE AND FRUIT FOR THE CHILDREN (UNCUT APPLES, ORANGES, PEARS, BANANAS AND RAISIN BOXES).

BUGGIES AND PRAMS WILL BE REQUIRED TO BE LEFT OUTSIDE AT THIS TIME.

PLEASE TRY AND BRING THE CORRECT MONEY FOR THE FEES TO LIMIT HANDLING OF CASH.

SUMMER READS



CODE NAME BANANAS, BY DAVID WALLIAMS

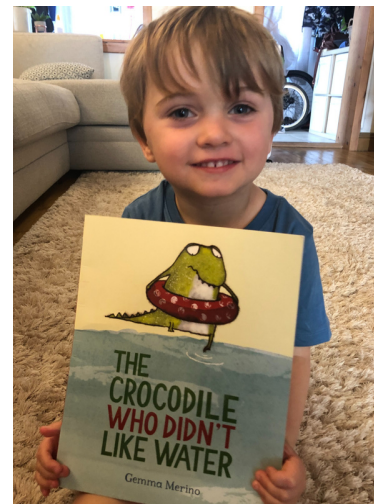
THIS IS MY FAVOURITE BOOK. IT IS A STORY ABOUT A BOY CALLED ERIC RESCUING HIS GORILLA FRIEND FROM THE ZOO DURING WORLD WAR 2. TOGETHER THEY HELP STOP THE NAZIS FROM BOMBING LONDON. THIS IS AN ADVENTURE BOOK BUT IT ALSO MADE ME LAUGH LOTS. MY FAVOURITE CHARACTER WAS GERTRUDE THE GORILLA.

BRODY (9YEARS)

THE CROCODILE WHO DIDN'T LIKE WATER, BY GEMMA MERINO

A STORY ABOUT A YOUNG CROCODILE THAT PREFERS CLIMBING TREES TO SWIMMING. HE TRIES TO FIT IN WITH THE OTHER CROCODILES AND TRIES TO LEARN TO SWIM, BUT IS THERE A REASON HE DOESN'T LIKE WATER? NATHANAEL ENJOYS THIS BOOK AS IT IS FUNNY AND HE IS LIKE THE CROCODILE AS HE DOESN'T LIKE WATER.

NATHANAEL (3YEARS)



RIDDLE OF THE MONTH

What has one head, one foot and four legs?

First Time Bank member to email the answer to Lucy will win a small prize.

**If you would like to find out more or become a member of the Time Bank please get in touch with the Time Bank coordinator,
Lucy Amos-John.**

suttontimebank@sutton-cambs-pc.gov.uk or 07731017916